

NORTHWARD BOUND



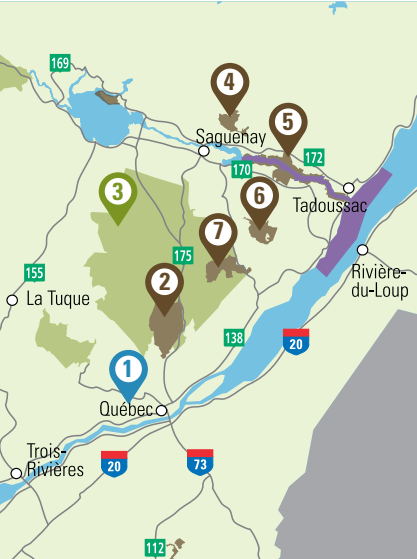
PARC NATIONAL DE LA JACQUES-CARTIER



DUCHESNAY



PARC NATIONAL DES HAUTES-GORGES-DE-LA-RIVIÈRE-MALBAIE



● NATIONAL PARKS ● WILDLIFE RESERVES ● TOURIST RESORTS

ESTABLISHMENTS	MUST-DOS	ACCOMMODATIONS
1 DUCHESNAY Year-round Québec region	<ul style="list-style-type: none"> • Year-round resort (89 km2 of natural beauty) • 30 minutes from Québec City • Four-star lodge on the shores of Lac St-Joseph • Many summer activities (nautical activities, rock climbing, hiking, rabaska canoeing, etc.) • During winter (dogsledding, snowmobiling, cross-country skiing, snowshoeing, skating, etc.) 	<ul style="list-style-type: none"> • Hotel/lodge • Cabin
2 PARC NATIONAL DE LA JACQUES-CARTIER Year-round Québec region	<ul style="list-style-type: none"> • The majestic Jacques-Cartier valley and river school • Nautical activities (canoeing, kayaking, rabaska canoeing and mini rafting) • Hiking - wildlife watching (beaver - moose) • Winter activities (snowshoeing, backcountry skiing, etc.) • History (from Native Americans to loggers) • 30 minutes from Québec City 	<ul style="list-style-type: none"> • Cabin • Ready-to-camp • Camping
3 RÉSERVE FAUNIQUE DES LAURENTIDES Summer - Fall - Winter Québec and Saguenay-Lac-St-Jean regions	<ul style="list-style-type: none"> • Black bear watching package • Stay at Portes-de-l'Enfer (single sector), cabin accommodations with meals included • Private guide for activities: black bear watching and a day of forest activities (canoeing, hiking, etc.) • Other activities offered for one day or one evening only 	<ul style="list-style-type: none"> • Cabin • Ready-to-camp • Camping
4 PARC NATIONAL DES MONTS-VALIN Summer - Fall - Winter Saguenay-Lac-St-Jean region	<ul style="list-style-type: none"> • Best kept secret of the network – unspoiled pristine location • Canoeing or stand-up paddle boarding along meandering Rivière Valin • Hiking • Snowshoeing in Vallée des Fantômes (the famous mummies) 	<ul style="list-style-type: none"> • Cabin • Camping
5 PARC NATIONAL DU FJORD-DU-SAGUENAY Summer - Fall - Winter Saguenay-Lac-St-Jean region	<ul style="list-style-type: none"> • Two sectors (Baie-Éternité & Baie Ste-Marguerite) • Cruise ship, zodiac or sea kayak excursions • Hiking (de la Statue - Cap Trinité trail) • Wildlife watching (beluga stop) • Via ferrata on the massive Baie Éternité cliffside, an incredible view of Fjord-du-Saguenay 	<ul style="list-style-type: none"> • Cabin • Ready-to-camp • Camping
6 PARC NATIONAL DES HAUTES-GORGES-DE-LA-RIVIÈRE-MALBAIE Summer - Fall Charlevoix region	<ul style="list-style-type: none"> • River-boat discovery cruise • Popular hike (Acropole des Draveurs, the highest cliffside east of the Rockies) • Core areas of the Charlevoix Biosphere Reserve, granted to the region by UNESCO 	<ul style="list-style-type: none"> • Ready-to-camp • Camping
7 PARC NATIONAL DES GRANDS-JARDINS Summer - Fall - Winter Charlevoix region	<ul style="list-style-type: none"> • Popular hike (Monts-du-Lac-des-Cygnes) • Rabaska and regular canoeing on various lakes • Core areas of the Charlevoix Biosphere Reserve, granted to the region by UNESCO • Via ferrata on the rocky cliffside of prestigious Mont-du-Lac-des-Cygnes 	<ul style="list-style-type: none"> • Cabin • Ready-to-camp • Camping