

# CHECKLIST

## TO FULLY ENJOY YOUR SEA KAYAKING EXCURSION WITH AVENTURES ARCHIPEL

**WEATHER:** Always check the weather forecast before you leave. Keep in mind that the weather can change quickly and plan your clothing accordingly.

### Meeting place and time

Please arrive at the Havre-du-Bic Registration Centre 15 minutes prior to departure time. You must have your booking confirmation in hand.

### Clothing

Bathing suit
Fleece jacket or wool sweater
Windbreaker (waterproof if possible)
Hat or cap
Shoes or sandals for walking in water
Sunglasses, attached with a cord
Towel
Change of clothing

### Additional items

Water bottle
Sunscreen
Snack or lunch (depending on the duration of the expedition)
Camera
Binoculars
Small backpack or waterproof bag to put your belongings in the luggage compartment (large backpacks are not recommended)
Daily right of access or Annual Québec National Parks Card

### IMPORTANT

A life jacket and an overall-style wetsuit, as well as socks, mittens, and a neoprene cap are provided.