

Auberge de montagne des Chic-Chocs – Alpine Touring

Ski area	Vertical rise	Duration ¹ of the climb	Degree of difficulty	Notes
Button-de-l'Est	± 100 m	Climb : ± 30 min Descent : ± 5 min	Easy	Beautiful view of the hotel in the midst of the Chic-Chocs.
Bouleau	± 100 m	Climb : ± 30 min Descent : ± 5 min	Easy	Introductory slope for all hotel clients.
Mont 780° (Southern slope)	± 150 m	Climb : ± 60 min Descent : ± 10 min	Easy	This slope takes you 1 km from the main road.
Mont 780° (Eastern slope)	± 150 m	Climb : ± 60 min Descent : ± 10 min	Moderate	This slope ends on the main road opposite the garage.
Mont 780° (Northern slope)	± 150 m	Climb : ± 60 min Descent : ± 10 min	Moderate	This slope ends on the balcony of the Auberge loop.
Chute-Hélène	± 230 m	Climb : ± 60 min Descent : ± 10 min	Moderate	This loop ends at the foot of Chute Hélène waterfall, 230 m lower than the hotel.
Tent cabin sector	± 120 m to 230 m	4 h to 6 h Including the approach	Moderate	A heated shelter is available for eating lunch. Beautiful alpine fir forest.
Frère-du-Nicol-Albert	± 300 m	Climb : ± 60 min Descent : ± 15 min 6 h of activities on site	Moderate to Difficult	5 km in a snowcat required to reach this area. A heated shelter is available for eating lunch. The ski areas end on the road. Three slopes between 25 and 37 degrees.
Mont Coleman and alpine lakes sector	± 600 m	6 h to 8 h	Difficult	Access to this area is conditional to weather conditions and avalanche risks. A heated shelter is available for warming up.
Crête du Mattaweés	± 700 m	6 h to 8 h	Difficult (from the point of view of physical effort)	Access to this area is conditional to weather conditions and avalanche risks. A heated shelter is available for warming up.
Spa trail	± 230 m	Climb : ± 60 min Descent : ± 10 min	Very Difficult	Trail for more experienced skiers – slope up to 45 degrees. Some small cliffs. Access to this area is conditional to weather conditions and avalanche risks.

- The majority of ski areas are in natural glades or mechanically thinned clearings. The forest is composed mainly of white birch and mature coniferous trees.
- In alpine touring, climbs to the summits are always along switchback trails with a slope of less than 10% to prevent exhaustion and maintain control of body temperature.
- This activity should ideally be supervised by a guide during your first attempts. Thereafter, depending on our client's skills, independent hikes are possible. The head guide, the director and the assistant director of the hotel may restrict access to certain parts of the territory for safety reasons. Before starting off, always make sure to have your radio, avalanche transceiver, lunch and water.

¹ Le temps de déplacement est assujéti à la profondeur de la neige poudreuse.